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CONFIDENTIAL

Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

December 14, 2004

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Milk Thistle supplements under the PhysioLogics brand name:

- Supports Healthy Liver Function.
- Milk Thistle contains beneficial flavonoids and antioxidants that promote the action of nucleolar polymerase A, for increased ribosomal protein synthesis.
- This helps support liver cell health.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S Vrablic, Ph.D.
Manager, Nutrition Research

ASV/mb

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